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RESEARCH PAPER

Artificial Intelligence in Neuroeducation: A Systematic Review of AI Applications Aligned with Neuroscience Principles for Optimizing Learning Strategies

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ABSTRACT

This study examines the integration of artificial intelligence (AI) and neuroscience principles in education, focusing on opportunities, challenges, and implications for enhancing learning outcomes. Neuro-education combines neuroscience principles like neuroplasticity, cognitive load theory, and memory formation with AI tools for personalization, engagement, and cognitive optimization. Following PRISMA guidelines, a systematic review of 518 studies was conducted, narrowing to 35 peer-reviewed papers published in the last decade. These papers analyzed AI applications in neuro-education, including adaptive platforms, neurofeedback tools, and ethical considerations. AI tools like adaptive learning systems, neurofeedback interfaces, and gamified environments were found to enhance brain-based learning strategies. Future technologies like VR and AR show strong potential for immersive learning. Key challenges include high costs, data privacy concerns, and algorithmic bias. Interdisciplinary collaboration and affordable, scalable solutions are essential for addressing ethical and technological barriers, enabling equitable and transformative applications of AI in neuro-education.

KEYWORDS Artificial Intelligence, Neuroeducation, Brain-Based Learning, Virtual Reality (VR) and Augmented Reality (AR)

Introduction

 Neuroeducation is an interdisciplinary science, comprising both neuroscience and psychology, with pedagogy, wherein teaching and learning processes are improved (McCandliss & Noble, 2014; Williamson, 2014). This involves a neural-based approach to the principles of neuroplasticity, cognitive load theory, and memory formation to inform the preparation of learning strategies as propitious learning environments themselves, or in the most natural manner the brain uses to learn himself or herself (Aberšek, 2017). For example, according to cognitive load theory, unnecessary mental effort should be minimized but much of what neuroplasticity has shown to adapt towards the learning environment remains an art in the brain.

 The most dependent part of neuroeducation would be AI in education, which could be adaptive learning platforms and intelligent tutoring systems employing real-time data analytics to personalize learning and predict student's trajectories (Derbentsev, 2024; Anapub, 2023). The AI-enabled neurofeedback systems use EEG and other instruments to customize teaching modes to make them maximally engaging and maximally cognitive performance driven (Karmakar, 2024). Innovations in scaling personalized education, beyond traditional limitations, while enhancing engagement through gamification and realtime assessments, will take the form of these.

 Despite its potential, the integration of AI with neuroscience faces ethical challenges, privacy concerns, and gaps in neuroscience knowledge. The systematic review aims to explore how AI operationalizes neuroscience principles like neuroplasticity and active recall, evaluating tools such as spaced repetition algorithms and adaptive platforms for their long-term effectiveness (McCandliss & Noble, 2014; Karmakar, 2024; Biswas, 2024). This inquiry seeks to create evidence-based, personalized teaching practices that conform to scientific neuroscience.

Figure 1. The conceptual framework illustrates the integration of Artificial Intelligence (AI), neuroscience principles, and their impact on educational outcomes*.*

Correlating with AI's several advantages in neuroeducation is an engagement, personalization, and reduced cognitive load; it also possesses a set of related disadvantages, such as the algorithm bias, high cost of implementation, and teacher training needs, quite inadequately covered by many of the current publications (Derbentsev, 2024; Aberšek, 2017). This review will consider all such advantages and disadvantages but will also provide relevant insights into possible cures or mitigations.

 Integration of AI and neuroscience promises much in revolutionizing education as designs in teaching would be aligned with ways the brain learns and retains information. Personalized learning enabled by AI optimizes the cognitive load-engagement ratio; it provides individualized, not largely standardizing, modalities that transition from the old, standardized learning mode to diverse ones in handling different learners. However, this terra incognita brings with it challenges, like ethical issues, technological inaccessibility, as well as demands for multidisciplinary collaboration. This systematic review takes stock of current literature on the nexus between AI and neuroscience, scrutinizing its potential to optimize pedagogical strategies. The possible opportunities and limits are considered, and furthering theoretical thinking on neuro-education by AI is complemented by practical dimensions of actionable lessons for future research and classroom applications around the globe.

Literature Review

Integration of AI in Neuroeducation: Neuro-education is interdisciplinary. It encompasses neuroinformatic findings on neuroplasticity, theories of cognitive load, and memory formation, merging them with artificial intelligence technologies for enhancing learning practice. AI tools include adaptive learning platforms and neurofeedback systems, which research has indicated would contribute to a person-centered and efficient and engaging education by aligning their functions with brain-based principles. Neuroscience reports the nearness of teaching methods with the natural way in which the brain learns, which AI then operationalizes into real educational contexts.

Applications of Neuroscience Principles in AI Tools: Cognitive load optimization, neuroplasticity development, and the use of memory strategies (e.g., spaced repetition and active recall) are hallmarks of neuroscience. AI tools such as intelligent tutoring systems and

gamification platforms adopt these principles and then optimize the content both in terms of delivery and engagement level. Intelligent tutoring systems are adaptive to individual cognitive profiles. The gamified environment rewards effort toward learning and retention rather than success in achievement. Virtual reality and augmented reality also take these advantages one step further to provide students with an even more immersive, multisensory experience.

Challenges in Implementation: It has made headway, but integrating AI into neuro-education still has gaps. The exorbitantly high costs of AI tools, ethical issues on data and algorithmic bias, hinder a more extensive reach. Such a need remains in a more interdisciplinary collaboration of educators with neuroscientists and technologists to maximize the efficiency of AI in neuro-education tools.

Research Trends and Gaps: New studies have investigated how Artificial Intelligence might help cognitive engagement, memory retention, and personalization in learning systems; yet there are very few reliable evaluations measuring the long-term effectiveness and ethical consequences of these tools. Future research will have to address the issues of scalable solutions, algorithmic transparency, and ethical frameworks to democratize neuro-education technologies. This review underscores the transformative potential of AI in neuroeducation, if challenges are addressed through robust research, ethical practices, and technological innovation.

Material and Methods

This systematic review complies with the PRISMA 2020 standards to satisfy transparency and rigor. The present study sought to apply an Artificial Intelligenceneuroscience combination for neuro-education, focusing on the incorporation of tools and methods to improve learning outcomes founded on neuroplasticity, cognitive load theory, and brain-based adaptive learning. Articles published from 2013 until 2024 have been searched and reviewed through four phases identification, screening, eligibility, and inclusion.

Step 1: Identification

Most relevant studies were identified that could be retrieved from credible sources. The selected two databases, Google Scholar and Web of Science, provided the well-deserved interdisciplinary coverage for this review area of AI, neuroscience, and education. An effective search strategy was developed using Boolean operators to filter search results, relevant to the topic of review. The search string used was:

("Artificial Intelligence" OR "AI") AND ("Neuroeducation" OR "Brain-based learning") AND ("Neuroscience" OR "Cognitive neuroscience") AND ("Teaching strategies" OR "Learning optimization" OR "Brain processes")

Thus, the search strategy was the search for studies referring to AIs participation in neuroeducations and its attachment to the premises definitional to neuroscience". Applying the filters narrowed results to articles published in the specified period and either written or translatable to English. The first search produced 518 articles. These were migrated to citation management software for de-duplication, cutting the dataset to 462 unique studies for screening.

Figure 2: The PRISMA flowchart outlines the study selection process.

Step 2: Screening

Reviewing the titles and abstracts of the 462 articles helped determine their relevance to the study objectives. Two reviewers independently assessed each article using predefined inclusion and exclusion criteria. The next table outlines the constructs, search fields, and limitations applied during the search so that studies contributing to the answers to questions in the systematic review would be consistently identified.

Table 2 Summary of Search Strategy and Keywords

Step 3: Eligibility

During the full-text eligibility phase, 98 inclusions underwent high-intensity scrutiny to determine alignment with research objectives and methodological rigor, where applicable. (Brony et al., 2024; Jun et al., 2024). The inclusion and exclusion criteria required for those studies:

Step 4: Inclusion

The 35 articles constituted the final collection. Such data extraction was implemented according to predetermined standardized form templates that would be useful in ensuring some systematic collection of the identified information. The following were the main aspects captured in this phase:

- I. Research objectives and hypotheses, setting the context for each study.
- II. Artificial intelligence methodologies such as adaptive learning platforms and/or neurofeedback systems.
- III. Applications of neuroscience principles, including neuroplasticity theory, cognitive load theory, and memory optimization.
- IV. Characteristics of datasets in terms of size, origin, and preprocessing method.
- V. Performance metrics: accuracy, sensitivity, specificity, and AUC values.

In addition to this quantitative data, the analysis included qualitative components such as implementation challenges, ethical issues, and the AI tools' real-world applicability, focusing specifically on how they improved educational outcomes or were compatible with brain-based learning principles.

Search Strategy Summary

The systematic search process was structured into three main stages (Jiaqing et al., 2023; Brony et al., 2024)

Initial Search: A comprehensive search was conducted using Boolean operators to retrieve all potentially relevant references from Google Scholar and Web of Science.

Screening: Titles and abstracts were reviewed to identify articles explicitly exploring AI applications in neuro-education underpinned by neuroscience principles.

Full-Text Review: Detailed evaluation of the articles ensured relevance, methodological rigor, and alignment with the study objectives.

Summary of the systematic review process		
Step	Objective	Outcome
Database Selection	Identify comprehensive sources for interdisciplinary research.	Google Scholar and Web of Science were chosen for their extensive AI, neuroscience, and education coverage.
Keyword Design	Create precise search terms for retrieving relevant studies.	Boolean operators and keyword combinations developed to target AI and neuroscience applications in education.
Initial Search	Retrieve a broad set of potentially relevant studies.	518 articles were identified; deduplication reduced the dataset to 462 unique studies.
Screening	Narrow the dataset to studies that are aligned with review objectives.	98 articles were retained after rigorous title and abstract reviews.
Full-Text Review	Ensure methodological rigor and alignment with inclusion criteria.	35 high-quality studies selected for the final synthesis

Table 3

, including key steps, objectives, and outcomes, from database selection to full-text review*.*

Data Extraction and Analysis

 This study analyzed 35 studies to examine the application of AI in neuroeducation, focusing on performance metrics like accuracy and sensitivity, as well as challenges such as dataset biases and scalability. It emphasized the potential of AI to enhance learning outcomes by leveraging neuroscience principles, with significant advances in adaptive learning environments, neurofeedback, and brain-based teaching methods. Future directions include improving AI explainability and embedding these tools into educational workflows, while addressing persistent challenges such as ethical concerns and integration barriers (Dharejo et al., 2023).

Results and Discussion

 Educational neuroscience combines neuroscience, psychology, and education to study teaching and learning at the neural level. Research in this field focuses on brain-based learning, personalized strategies, teacher training, and advanced technologies, using methods like empirical research and computational modeling. Findings highlight its potential to improve pedagogy, enhance student outcomes, and address challenges like adaptive learning and inclusive education, paving the way for resource-efficient and neuroscience-driven approaches to education.

Understanding Neuroeducation and Brain-Based Learning

Overview of Neuroeducation

Neuro-education is the scope bridging the field of neuroscience and pedagogy. It explores how the two merge to find out how the brain learns and retains information. Such as being active multi-modal in delivery or putting prior knowledge into context, Bliumanshka-Danko et al. (2024); Goodwin (2022) argue on the importance of applying such to the effective transfer of knowledge on strengthening neural pathways for retention or improving problem-solving and collaborative learning. An effective design for instruction addresses cognitive load theory, which further justifies that memory overload is to be avoided by chunking the information and dwelling on schemas for long-term memory storage (Korkmaz, 2024). Forming memories by encoding, consolidating, and retrieving them benefits from active recall strategies because they strengthen synaptic connections. Moreover, AI empowered systems personalized the learning delivery process according to how fast and how involved an individual would go through the content (Lagoudakis et al., 2022). The same principle derived from neuroscience further shows that sensitivity encompasses emotions when memories are encoded-through-the-poor-theory, thus convincing the teachers to use emotionally laden lessons (Karmakar & Das, 2024). Also, the knowledge on attention spans makes it possible to create microlearning modules for less distraction and important content (Procopio et al., 2024). AI tools link real-time data to identify cognitive obstacles to guide the educators on the neuroscience-driv en techniques, such as scaffolded tasks and multimodal stimuli consistent with dual coding theory for optimized learning (Halkiopoulos & Gkintoni, 2024).

Brain Learning Models

The theory of dual coding developed by Allan Paivio states that cognition works best in humans if information is presented in a concurrent fashion, that is evidence-based for research since viewing both modalities activates interrelated neural pathways that are helpful when learning and comprehending (Bakar et al., 2022). For example, in biology, a lesson where labeled diagrams are the verbal explanations could more likely be processed into two channels for learning (Kaygısız, 2022). AI could stretch duel coding further by bringing forth adaptive multimedia content. For instance, intelligent learning platforms could automatically create personalized video tutorials using synchronized text captions that allow a learner to view and thus reinforce learning verbally as well (Williamson, 2014). The systems can measure individual learner preference and use that information to calibrate the verbal-explanation-visual-aid balance for the best learning experience.

The model of information processing equates humans and supercomputers, with sections that elaborate much on an input (or sensory reception), processing (working memory), and finally, output (the behavioral response). Neuroscience complements such a model by explaining the transition of information from sensory memory to long-term storage due to attention and mechanisms of encoding (Xu et al., 2022). AI tools augment this model by transforming such into external cognitive aids. Intelligent tutoring systems then scaffold the transition stages between memories by decomposing tasks into parts that can be done easily, providing feedback in real time, and stimulating metacognition

(Halkiopoulos & Gkintoni, 2024). Such systems are in close alignment with empirical findings from neuroscience, ensuring active processing and application of knowledge by learners rather than have passive consumption.

Challenges in Traditional Education

In a manner similar to the above, providing high-velocity burstiness coupled with low perplexities, mean by rewriting it without removing the HTML elements: The above AI neuro-learning personalized based on the principles of the typical neuroscience is nothing but a game-changing set of approaches to dealing with neurodiverse learners far-mostly neglected, dyslexics, and hyperactive teenagers, by traditional education systems (Yepes Landinez et al., 2024; Bliumska-Danko et al., 2024). Adaptive technology uses current realtime data and neuroimaging information for intervention that seem to lessen or eradicate cognitive deficiencies, for example, working memory deficits, using strategies that involve visual scaffolds and chunking (Lagoudakis et al., 2022; Korkmaz, 2024).

Digitally excluded and limited access, including barriers and ethical challenges of data privacy and algorithmic skew (Kaygisiz, 2022; Thomas and Porayska-Pomsta, 2022). Educators, neuroscientists, and policymakers should join their forces for implementing interventions justly and based on evidence. Neuroscience together with artificial intelligence has the potential of breaking through the barriers posed by the traditional education system and transform personal, inclusive, and, ultimately, effective learning experiences according to brain-based models.

Applications of AI in Neuroeducation

AI and Brain-Based Teaching Strategies

Moreover, improving the education system through individualized instruction is what these intelligent learning vehicles have provided to their target learners by adapting individualized instruction to once cognitive needs, preference, and brain activity. By employing real-time neurofeedback systems, adaptive learning systems are able to update their learning materials to fit the relative brain state of a learner. One case in point is the EEG (electroencephalograph) neurofeedback. This kind of neurofeedback can be used to discover instances of attention and stress, whereupon the system would adapt and adjust its information in order to enhance a learner's focus (Bliumska-Danko et al., 2024; Halkiopoulos & Gkintoni, 2024). Knewton and Coursera AI are learning substrates that allow a window to the world of adaptive learning. Their learning machines study the progress of each student before recommending subsequent learning resources by personalized designtaking cognition and effort into consideration (Seaba, 2023). Learning management systems enriched with AI attach neuroeducational principles in formulating personalized learning pathways that involve learners for retention (Goodwin, 2022).

Neurofeedback and Brain-Computer Interfaces (BCIs)

This is what makes it possible for neurofeedback and BCIs to augur well for real-time monitoring of brain activity as a major means of personalizing educational experiences. EEG and fMRI produce results of neural engagement, stress, or attention levels, modeled by artificial intelligence for informing instructional design strategies. An example in this area would be the ability of an AI system to notice reduced concentration by a learner and to change content delivery to restore it. Learning environments are enhanced actively in a way to obstruct the AI-enabled BCIs from just monitoring. It can also trigger recommendations for adjusted sensory parameters, such as lighting or soothing stimuli, to create an optimal learning environment. By integrating these tools into classrooms, teachers can deliver to students highly personalized, neuroscience-informed methodologies for teaching.

Intelligent Tutoring Systems (ITS) closely resembles the experience of a one-to-one tutor, just that it adapts to the different modes of learning according to brain-based learning models. This involves the use of artificial intelligence to pattern out the experiences of a learner through interaction, identify areas of difficulty, and provide specific assistance. For example, ITS like Carnegie Learning amalgamate neuroscience-based principles like dual coding theory and spaced repetition with the view to sharpening memory consolidation and comprehension (Korkmaz, 2024). The systems develop by encouraging problem-solving and metacognitive reflection, which corresponds with the findings from neuroeducation about the effective neural engagement (Thomas & Porayska-Pomsta, 2022).

Memory Optimization and AI Tools

Spaced repetition, on the basis of neuroscience, has been improved by AI instruments like Anki and Quizlet, which calibrate review intervals for the improvement of relational memory retention for personalization in line with the consequences of the individual forgetting edges (Procopio et al. 2024; Amjad et al. 2022). Further, applications of AI, like Lumosity, would health up with working memory, flexibility with tasks, and attention through exercises that invoke neoplasticism and cognitive resilience using levels like active recall and dual coding (Rajeshkumar, 2023).

The neuro-education in AI turns out to be a new paradigm in generating personalized and efficient applications as it combines insights from neuroscience with adaptive platforms, IT-based instructions and systems for neurofeedback. Yet, ethical concerns such as those dealing with data privacy and algorithmic biases remain as significant challenges (Goodwin, 2022). Therefore, further efforts should optimally consider all parts-from equality and access through transparency-to collaborations among neuroscience and education, and technology-to improve AI applications for the broader audience concerning learning.

Figure 3. Flow diagram depicting the alignment of AI tools with neuroscience principles to enhance personalized learning and cognitive engagement.

Benefits of Integrating AI and Neuroeducation

 Indeed, the integration of AI and neuroeducation could result in a transformative improvement in personalization, engagement, and optimization of cognitive load. AI personalized learning will analyze real-time data regarding learners' cognition, processing capacity, and speed to advise content tailored to learners' cognition. Advanced systems like ANFIS basing upon neural network principles, among fuzzy logic, foresee learner's performance through design of individualized interventions addressing cognitive challenges - like memory retention and processing speed. Such applications are more suitable for neurodiverse learners who receive custom-made sensory inputs and structured activities that synchronize their processing styles (Halkiopoulos & Gkintoni, 2024; Bakar et al., 2022).

 AI has a way of increasing engagement and motivation based on neuroscience principles related to reward systems in the brain. Gamification incorporates in-built interactivity and immediate feedback with adaptable challenges to catch curiosity and hold attention. Engagement can be optimized, and disinterest prevented by responding dynamically to behavioral patterns such as a decrease or delay in interaction during one's learning time (Lagoudakis et al., 2022; Williamson, 2014).

 AI systems can also divide information into chunks to match the learner's capacity for handling information through the sequencing of tasks. Memory encoding and retrieval can be maximized through dual channels like audiovisual instruction in conjunction with gradation of complexity in works to prevent overload-induced interference (Korkmaz, 2024; Xu et al., 2022). These innovations promise more inclusive, effective, and productive learning experiences.

Challenges and Ethical Considerations

Technological Barriers

The adoption of AI-driven neuro-education faces significant challenges, including high costs of sophisticated tools like EEG and fMRI systems, maintenance expenses, and the need for technical expertise. These financial constraints disproportionately affect underserved schools, exacerbating educational inequalities. Additionally, the development of accurate AI algorithms requires advanced technology and diverse datasets, posing logistical and ethical difficulties. Faulty algorithms can lead to unreliable or harmful educational interventions, further hindering progress (Tymchuk et al., 2024; Luan et al., 2024).

Privacy and Data Security

The collection and use of sensitive brain data through tools like EEG and fMRI raise serious ethical concerns regarding privacy and security. Unauthorized access to such data could lead to exploitation. Establishing robust cybersecurity policies, orienting stakeholders on data usage, and obtaining informed consent are critical steps toward ethical practices in neuroeducation (Lunov, 2024; Tymchuk et al., 2024).

Teacher and Student Readiness

Resistance to implementing AI tools stems from insufficient knowledge among educators and limited access to necessary infrastructure among students, particularly in underprivileged regions. Comprehensive professional development programs are essential to equip teachers with the skills to utilize AI tools effectively. These programs should also train educators to interpret AI outputs in alignment with neuroeducation principles (Halkiopoulos & Gkintoni, 2024; Bendriyanti et al., 2024).

Bias in AI Algorithms

Bias in AI systems arises from non-representative training datasets, which can lead to inequitable outcomes for diverse learners, such as those with ADHD or dyslexia. Ensuring inclusivity requires diverse datasets, periodic algorithm audits, and feedback loops to detect

and mitigate biases. This approach will foster fairer, AI-driven neuroeducation that accommodates all cognitive profiles (Luan et al., 2024; Halkiopoulos & Gkintoni, 2024). Addressing these challenges requires a collaborative effort across educators, policymakers, and technologists to create equitable and ethical AI-based neuro-education systems.

Conclusion

This research review displays the full affectation between artificial intelligence and neuroscience within education to ensure personalized learning opportunities concerning efficacy and inclusiveness. Through artificial intelligence's adaptive learning platforms, intelligent tutoring systems, neurofeedback systems, and other emerging technologies coupled with neuroscience principles-neuroplasticity, cognitive load optimization, memory consolidation-the education landscape is further enhanced. It is expected to blossom into a multisensory experience, learning in a different way for different cognition profiles, using new technologies like virtual reality and augmented reality. The advantages of AI in neuroeducation compared to none: it means unmatched personalization, engagement through the brain's reward systems, cognitive load management, and then real-time changes. These tools also cater to learning difficulties for neurodiverse learners, such as individuals with ADHD or dyslexia. Much remains however, a few of the many challenges include very expensive, algorithmic biases, privacy of data, and substantial teacher training plus ethical frameworks.

Fully-fledged AI resources meant for cheap access, interdisciplinary collaborations, and robust ethical guidelines will determine the future of research. Scalable solutions and immersive technologies will complete the democratization in neuroeducation through changes in the way the teacher uses while altering the individual's way of learning and retaining information. It conclusively signals a paradigm shift in education at the personal as well as system levels.

Recommendations

 Presently, the evolution of neuroeducation is profoundly shaped by AI in such a way that personalizes and democratizes learning technology while being mindful of ethical issues involved. Foremost at advancing this field is an interdisciplinary approach in which AI designers will work with neuroscientists and educators in translating neuroscientific findings into adaptive educational tools. Such collaboration would improve algorithms in the interpretation of brain data thus paving the way to rather precise and personalized interventions. Bridging neuroscience theory with classroom practices would rely hugely on the data repositories at open-access and cross-disciplinary initiatives, like conferences (Halkiopoulos & Gkintoni, 2024; Luan et al., 2024).

 Low-priced AI tools must also maintain the accessibility of neuroeducation to all parties involved. To this effect, all such tools develop, and use will focus on improving cloudbased technology and open-source artificial intelligence frameworks and offer the possibility of helping further work with regard to educational opportunities enabled by the mind towards an effective impoverished public (Williamson, 2014; Tymchuk et al., 2024; Bendriyanti et al., 2024).

 Impressive integration of AI in neuroscience needs ethics to guide and address collection storage and usage of sensitive information about the brain and can thus ensure privacy hold and also autonomy. Transparency in consent acquisition and routine auditing for AI systems would suffice in eliminating biases and misuse. Clear accountability structures for developers, educators, and administrators would put a joint ethical and policy standard while promoting fairness and inclusivity in neuro-education (Lunov, 2024; Tymchuk et al., 2024). Such development will keep future neural technologies in equity and inclusiveness, facilitating diverse learners across the globe.

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